

Resources for Abused Women and Their Families

Police (London)	911
Abused Women's 24-hr helpline	642-3000
Changing Ways (counselling for men who abuse)	438-9869
Community Group Treatment Program for Children Who Witness Woman Abuse	455-9000
Distress Centre Helpline	667-6711
Family Service London (counselling for heterosexual, gay and lesbian individuals/couples)	433-0183
Housing Access Centre (City of London Housing Information)	661-0861
Kids Help Phone (24 hrs)	1-800-668-6868
London Abused Women's Centre (TDD)	432-2204
London Mental Health Crisis Service	433-2023
Madame Vanier Children's Services	433-3101
Merrymount Children's Centre	434-6848
Ontario Works Assistance	1-888-748-8895
On-Track (A Women's Self-Development Experience)	663-5317
Outpatient Psychotherapy Service (stress management, assertiveness group) (need doctor referral)	667-6551
Parent Help Line	1-888-603-9100
Police Family Consultants	661-5636
St. Joseph's Sexual Assault/Domestic Assault Treatment Centre	646-6100 xt 64224
Second Stage Housing (longer term safe housing)	642-3003
Sexual Assault Centre London	438-2272
Traumatic Stress Service	667-6550
Victim Support Line	1-888-579-2888
Victim/Witness Assistance Program (assistance with court appearance)	660-3041
Women's Community House (TDD)	642-3000
Zhaawanong Shelter	432-2270