

## Resources for Abused Women and Their Families

Police (London)	911
Abused Women's 24-hr helpline	1-866-863-0511
Changing Ways ( <i>counselling for men who abuse</i> )	519-438-9869
Community Group Treatment Program for Children Who Witness Woman Abuse	London - 519-686-3444 Middlesex – 519-246-1529 Aboriginal Program – 519-438-0068
Distress Centre Helpline	519-667-6711
Family Court Support Worker	519-642-3003 ext 3225
Family Service Thames Valley ( <i>counselling for heterosexual, gay &amp; lesbian individuals/couples</i> )	519-433-0183
Housing Access Centre ( <i>City of London Housing Info</i> )	519-661-0861
Human Trafficking Helpline	519-438-2272
Kids Help Phone (24 hrs)	1-800-668-6868
London Abused Women's Centre	519-432-2204
London Mental Health Crisis Service	519-433-2023
Madame Vanier Children's Services	519-433-3101
Merrymount Children's Centre	519-434-6848
Ontario Works Assistance	1-888-748-8895
Outpatient Psychotherapy Service ( <i>stress management, assertiveness group – need Doctor referral</i> )	519-667-6551
Parent Help Line	1-888-603-9100
Police Family Consultants	519-661-5636
St. Joseph's Sexual Assault/Domestic Assault Treatment Centre	519-646-6100 xt 64224
Second Stage Housing ( <i>longer term safe housing</i> )	519-686-3444
Sexual Assault Centre London	519-438-2272
Traumatic Stress Service	519-667-6550
Victim Support Line	1-888-579-2888
Victim/Witness Assistance Program ( <i>assistance with court appearance</i> )	519-660-3041
Women's Community House	519-642-3000
Zhaawanong Shelter	519-432-2270